



**D**r. James Esch is known as one of the best orthopaedic surgeons in the country, and orthopaedists consider him to be a teacher of arthroscopic reconstructive surgery and a physician who can handle complex problems. Now, he's sharing his wealth of knowledge with two expert surgeons at Orthopaedic Specialists of North County.

"They're very talented individuals and have great enthusiasm for sports medicine," says Dr. Esch of his colleagues, Dr. Andrew Hartman and Dr. Erik Stark. "Their expertise is invaluable and allows us to tailor solutions for patients with all kinds of shoulder injuries. Whether you need a team of surgeons or a single physician, we offer comprehensive care right here in North San Diego County."

# Orthopaedic Specialists of North County

All three surgeons are committed to physical activity and understand the importance of quality of life to those who put stress on their bodies at work or at play.

"Our patients include surfers, golfers, other athletes and those with work-related injuries," Dr. Hartman says. "We treat a wide range of problems, from loose joints to rotator-cuff tears to arthritis, in people of all ages. We also treat various types of shoulder problems with strategies like partial resurfacing and complete replacement."

"In many cases, surgery isn't the best option and the physicians offer recommendations about other approaches," Dr. Esch says.

The collegial atmosphere of the clinic allows the surgeons to collaborate in finding solutions to challenging cases. "Although we're a private practice, we have a very academic environment," says Dr. Stark. "We work together and draw on each other's knowledge and experience."

The clinic has such a strong reputation that visitors come from all over the world to learn shoulder arthroscopy and replacement surgery from its surgeons. "We're proud to continue the tradition of excellence established by Dr. Esch," says Dr. Hartman. "We look forward to providing top-notch care for decades to come."

## ORTHOPAEDIC SURGERY

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